



FAMILY MEDICINE PROGRAM

For More Information

We hope this provides a helpful introduction to our residency program, our healthcare system and our community. Additional information is available on our websites (www.spartfam.org or spartanburgregional.com). We hope you decide that the Center for Family Medicine program at Spartanburg Regional is right for you.

If you have any questions, or need more information to make your decision, please call our director or our program coordinator, at 864-560-1558.

We participate in ERAS for both our Allopathic and Osteopathic programs, and the AAMC National Resident Matching Program.



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The Educational Experience

The Medical Education Department at Spartanburg Regional sponsors three training programs for residents, the largest of which is a dually accredited Family Medicine program. We also offer a residency program in General Surgery and a one-year transitional internship.

University Affiliation

Spartanburg Regional is dually affiliated with the Medical University of South Carolina (MUSC) in Charleston and Virginia College of Osteopathic Medicine (VCOM) of the Carolinas. All the family medicine programs in South Carolina are organized into a state-wide network, with administrative offices at MUSC. We meet regularly and share information at several levels.

Although some of our guest speakers come from the University of South Carolina in Columbia, the University of North Carolina at Chapel Hill, Emory University in Atlanta, the Medical College of Georgia in Augusta, and other schools, we have no formal relationship with these schools.

A brochure listing all family medicine residencies in South Carolina is available in our



Family Medicine Center. We encourage you to interview at one or more of the other programs while in the area. Our state's family medicine educational system is unique in its overall strength and its mutual cooperation in meeting the goal of training family medicine residents.

Support Services

Throughout the course of your residency, full ancillary support teams assist you in all areas.

Lab, IV, imaging and pharmacy teams are available 24 hours a day with efficient, computer-reported lab and imaging results. Pharm. D.s round with you on the medicine, pediatrics and surgery services to give you additional teaching support and lectures. A nutrition support team is available for consultation on patients needing parenteral or enteral nutritional supplementation. Spartanburg Regional offers physical therapy in one of the largest, most modern facilities in the Southeast. Speech therapy and other rehabilitative services also are available.



An active Case Management Department helps patients use community resources after they are discharged from Spartanburg Regional. Home Health offers long-term nursing care, including physical therapy and custodial care in the patient's home as an alternative to nursing home placement. Electronic medical records are used for outpatient care and to an increasing extent, inpatient care.

Library Services

The Health Sciences Library has print books, journals and electronic databases spanning the health sciences.

Specialties include electronic books (e-book), audiovisuals and *AudioDigest* CD's (can be used for CE credit). The library also has several medical journal subscriptions and databases. Any works not in our library can be obtained via our vast interlibrary loan network.

Thousands of the electronic articles are linked into *PubMed*, which is produced by the National Library of Medicine. Regarding evidence-based medical literature, the library subscribes to several *Cochrane* databases and also *DynaMed*, an electronic point-of-care decision tool. Several print, evidence-based medical books are also in the collection.

A full-time staff assists with requests. End-user computers, a copier, fax, scanner and printer are also available.

Call Schedule and Curriculum

We now utilize a night float system to cover all essential services (Medicine, Peds, OB). There are occasional weekend call responsibilities for primary and back-up call. Please see the chart on the next page for on-call schedule averages.

Third-year call averages Q12. Third-year call is primary home call except for occasional back up responsibilities. Long-range pagers are provided.

There is excellent back-up call at all times on all services. Second-year residents are back-up in-house for interns on internal medicine and pediatrics. One family medicine faculty



A night float system for call is now in effect. There is excellent backup at all times on all services. One family medicine faculty attending is always on call, as are the attending physicians on each specialty and core rotation. You are never alone on any of our services.

attending is always on call, as are the attending physicians on each specialty and core rotation. Residents may request a consultation from any specialist when needed. You are never alone on any of our services.

OB Call/Deliveries

Obstetricians are in-house with you every night. In addition, one of the family medicine attendings is available daily to assist you with Family Medicine Center deliveries. A one-year OB fellowship is available for those who want high-risk and surgical-obstetrics training beyond the three-year Family Medicine Program.



Call Quarters

The house staff quarters, conveniently located in the hospital, have been completely renovated. The new facilities contain study areas, a TV lounge, weight room (Nautilus-type equipment and free-weights) and a kitchen. Your spouse and family may visit you while you are on call. There is housing available for students doing rotations with us.

Office Space

Every resident has office space with phone and file cabinets in the hospital.

Outpatient Clinics

We have outpatient clinics in a variety of disciplines, including family medicine, pediatrics, obstetrics, gynecology, infectious disease, orthopedics, dermatology, surgery and other specialties.

Our residents see between four to 12 patients per each half-day clinic. Since family medicine is largely an ambulatory specialty, we focus on a practical, relevant ambulatory educational experience.

Rotation schedule for 3 years

Internal Medicine (inc. Critical Care)	5 months
Pediatrics	5 months
Electives	5 months
OB/GYN	4 months
Emergency Medicine	2 months
Behavioral & Community Medicine	2 months
Family Medicine Inpatient Service	2 months
Surgery	2 months
Cardiology	1 month
Orthopedics	1 month
PCMH	1 month
Practice Management	1 month
Sports Medicine	1 month
Dermatology	2 weeks
ENT	2 weeks
Ophthalmology	2 weeks
Urology	2 weeks

Core Rotations

Pediatrics: Residents receive strong ambulatory and in-house experience. Clinics are held every day, with a high volume of pediatric patients. Specialty clinics include asthma, genetics and cardiology. There are also opportunities for additional newborn nursery care rotations.

Internal Medicine: Residents receive strong inpatient experience under the supervision of an internal medicine faculty, each with his/her own specialty.

OB/GYN: Residents see their continuity patients in our clinic. During their four months in OB-GYN, residents receive education in all aspects of in/outpatient OB-GYN. OB attendings are in-house with you every night on call, and FM attendings are always available for continuity deliveries.

Center for Family Medicine

The number of patients seen during office hours varies from four to 12 per resident.

Delivery Averages

First Year

30-40 per resident

Second Year

20-30 per resident

This averages 2-3 deliveries per resident per call night.

You can get C-section experience if you desire.



We gradually increase your patient load after your first year as your proficiency improves.

Outpatient procedures are taught in the Center for Family Medicine, including flexible rhinolaryngoscopy, vasectomy, colposcopy, common dermatologic procedures, splints, casting of simple fractures and others.

There are also many opportunities to follow OB patients in your continuity clinic. This family medicine OB experience features four of our faculty who do OB both with residents, as well as in their private practices.

Moonlighting

Moonlighting opportunities are available during the second and third years. Moonlighting is recognized as a valuable extension of your educational experience. Monthly limitations are required, based on the national Accreditation Council for Graduate Medical

Visiting faculty from local schools and guest speakers from around the nation complement our faculty. Educational seminars featuring medical experts from all parts of the nation are held throughout the year.

Education (ACGME) guidelines: 80 hours (weekdays + call + moonlighting) per week. Second- and third-year residents can give you the latest information on shifts and salaries.

No moonlighting is permitted at the first-year level because a permanent license is not issued in South Carolina until residents have completed the first year of postgraduate training.

At the second-year level and above, there is ample opportunity to gain additional experience and earn extra money in our inpatient psychiatry unit, urgent care centers and Spartanburg Hospital for Restorative Care.

Many opportunities do not require that you provide your own malpractice insurance. Our hospital covers your malpractice insurance for the array of moonlighting opportunities that are available within the healthcare system.



Average Patient Panel Size:

First Year	75-100
Second Year	250-300
Third Year	400-450

Family Medicine office hours for your private patients:

First Year	1-2 half-days/week
Second Year	2-3 half-days/week
Third Year	3-5 half-days/week

Funding

The state of South Carolina supports medical education directly and family medicine in particular.

The Center for Family Medicine residency at Spartanburg Regional does not operate on soft money. Our medical center is in excellent financial condition, and the hospital administration is very supportive and proud of the Center for Family Medicine Residency program.

In-Training Examinations

We administer the official In-Training Examinations produced by both ABFM and the AOA, which is given each October. This gives the resident and faculty an opportunity to compare the resident's current knowledge base with other residents' in this program locally and across the nation.

Lectures and Conferences

There are conferences for residents assigned to individual services, as well as daily noon conferences for the entire group of residents.

Visiting faculty from local schools and guest speakers from around the nation complement our faculty. There are educational seminars spaced throughout the year involving medical experts from all parts of the nation. Usually breakfast or dinner meetings, these seminars are free of charge.

We also host teleconferences from Virginia College of Osteopathic Medicine to cover osteopathic principles and practice topics.

Benefits

Family Leave

Maternity leave is permitted for whatever period of time is deemed appropriate or necessary by the resident and her personal physician. The portion of your maternity leave that exceeds available sick leave and vacation time will require an extension of your training time to complete the residency program, according to the rules set nationally by the American Board of Family Practice. We work with you to make sure that the educational requirements and the health needs of mother and baby are met. Paternity leave is also available.

Special circumstances will be reviewed on an individual basis with the Residency Program director.



Benefits

Benefits include:

- Health insurance
- All state and federal licensure fees
- Malpractice insurance for education-related responsibilities
- Dental insurance
- Three weeks of vacation (includes four days during the Christmas/New Year season)
- Five days of conference leave
- Money for conferences and books
- Free meals while on duty
- Moving allowance
- Access to the hospital-based daycare center (first-come, first-served basis)

We invite your inquiry regarding other benefits.

Spartanburg is located in the Upstate of South Carolina where recreational opportunities abound. A free membership to the Spartanburg Athletic Club is given to residents and their immediate families.

Sunlight fills the atrium of the Regional Outpatient Center, a seven-story building which connects to Spartanburg Regional Medical Center. The building houses the Center for Family Medicine, which was created especially for residents and functions as a group practice.



Club Privileges

A free membership to the Spartanburg Athletic Club is given to the residents and their immediate families (spouse and children). Facilities at the Athletic Club include indoor and outdoor pools, tennis courts, weight rooms, racquetball courts, exercise programs and free child care. In addition, your membership to the Carolina Country Club includes golf privileges. Your wellness is important to us!

Child Care

Spartanburg Regional's on-site Child Development Program provides daycare for the children of residents and healthcare system employees. Detailed information is available on request.

Vacation

According to ABFM rules, total leave may not exceed four weeks or 20 weekdays per year. Standard vacation time each year is as follows:

- 3 weeks/15 days
- 5 days CME meeting time
- 5 days sick leave

Recognized holidays (off duty when not on call): Fourth of July, Labor Day, Thanksgiving, Christmas, New Year's, and a float day to be taken any time between February and June in lieu of Easter and Memorial Day.

If you are on call on a holiday, you receive a credit vacation day on the night before. All Family Medicine Residency programs work under the American Board of Family Medicine guidelines for absences. Time off beyond the guidelines will delay your graduation.

The Healthcare System

Spartanburg Regional is recognized as an innovative leader in providing healthcare services to Spartanburg and serves a five-county area in the western Carolinas (Spartanburg, Cherokee and Union counties in South Carolina, as well as Polk and Rutherford counties in North Carolina). Founded in 1921, Spartanburg Regional has earned a reputation for technological excellence throughout the Southeast, while continuously providing the highest quality of care to patients.

Spartanburg Regional is an integrated delivery healthcare system which include the Spartanburg Regional Physician Group; Regional HealthPlus; the Spartanburg Regional Foundation; Hospital for Restorative Care; Spartanburg County Emergency Medical Services; a county-wide, non-emergency transportation system; and a new ultra-modern medical campus 20 miles away called the Village Hospital.



Serving more than 100,000 patients each year, Spartanburg Regional is a 540-bed teaching and research hospital featuring a modern eight-story patient tower with 168 private rooms. Among its most recognized departments are the Bearden-Josey Center for Breast Health, the Heart Center, the Gibbs Cancer Center, the Level III Neonatal Intensive Care Unit, the Center for Women, and a 24-hour emergency Level 1 trauma center, equipped to treat any type of injury or massive trauma. Connected to Spartanburg Regional, the Regional Outpatient Center houses a wide range of state-of-the-art outpatient, diagnostic, laboratory and surgical procedures. The Center for Family Medicine, located in the Regional Outpatient Center, was created especially for residents and functions as a group practice. There is a laboratory in the center of the unit that handles most routine lab work.

The Regional Emergency Center is a state-of-the-art facility and the second busiest ER in the Carolinas.





The Community

Spartanburg is a community with something for everyone. In this city of about 40,000 — part of a metropolitan area of 285,000-plus — residents and visitors alike can find a lifestyle that is second to none in the surging Sunbelt.

Spartanburg is located in the rolling foothills of the Blue Ridge Mountains. Its convenient location at the junction of I-26 and I-85 makes the community easily accessible to both mountain and beach resorts.

The ski slopes of North Carolina, the beaches of Charleston, and the excitement of Atlanta are all within two- to four-hour drives. Hilton Head Island and Myrtle Beach are four hours away. In between is the beauty of the Western

Carolinas, with outdoor activities such as golfing, cycling, hunting, fishing, water skiing, hang gliding and white water rafting. Lakes are all around. The mountains are, literally, in sight. The mild climate, with its four distinct seasons, provides fine weather for outdoor activities.

While in the past Spartanburg has been at the heart of the South's textile industry, it has become a focus of international business during the past three decades. Industries from Switzerland, Italy, France and Germany have made Spartanburg their home away from home, and Spartanburg boasts more diversified international investment than any city its size in the United States. This blend of cultures has resulted in a quality of life that is an ideal mix of the traditional and the unexpected. This

has also caused an upsurge in growth in the Greenville-Spartanburg area that is rapidly increasing cultural and lifestyle opportunities.

Cultural Activities

Spartanburg offers a variety of cultural opportunities, including the Chapman Cultural Center, Spartanburg Little Theatre, the Spartanburg Community Orchestra, concerts and lecture series, foreign films, dance, a strong visual arts community and a number of festivals throughout the year. Under the umbrella of the Arts Partnership of Greater Spartanburg, art organizations ranging from the Ballet Guild to the Artists' Guild receive strong community support. The Spartanburg Memorial Auditorium is the site for concerts and plays, as well as Converse College's Twichell Auditorium. Local college venues provide outlets as well. The Spartanburg County Library System has headquarters in downtown Spartanburg, as well as branches throughout the county.

In addition to local opportunities, the Bi-Lo Center in Greenville attracts nationally recognized performers and sporting events. The Brevard Music Center in the nearby mountains of North Carolina has an international reputation for symphony and opera performances. The Peace Center for Performing Arts in Greenville is only 30 minutes away. The Flat Rock Playhouse in nearby Flat Rock, N.C., offers repertory theatre performances every summer.



Housing

Many of our married residents buy a house, while most of our single residents lease. There are several desirable neighborhoods within 15 minutes of the medical center, as well as apartment complexes, town homes and condominiums. Some residents live in the county or one of the many lake areas less than 20 minutes from town. In general, housing is very affordable. Check with our residents for specifics.





Schools

Spartanburg offers public, private and church-affiliated schools from kindergarten through college. Spartanburg is a seven-college town. Wofford College and Converse College are nationally known private liberal arts schools.

The University of South Carolina - Upstate offers four-year and advanced degrees. Spartanburg Methodist College and Spartanburg Community College offer one- and two-year degrees for allied health careers and industry.

We also are now home to VCOM-Carolina campus, a four year accredited school of osteopathic medicine.

For primary and secondary education, our seven school districts are known to be among the top school districts in the state. Special education is available at the South Carolina School for the Deaf and the Blind, as well as the Charles Lea Center for Rehabilitation and Special Education for children who are developmentally impaired.



Spartanburg is a community with something for everyone. Cultural opportunities abound, including concerts, theater, ballet and a number of festivals throughout the year. For outdoor enthusiasts, there's golf, cycling, hiking, fishing, hunting, water skiing and white water rafting. The ski slopes of North Carolina and the beaches of Charleston are only 2-4 hours away.

Medical Education Department

Our program has the faculty strengths of a university, both in size and diversity, with the stand-alone strength of a community program. Our training programs and the residents complement each other, a departure from what is common at most universities.

Policy Participation

Residents have greater input into policy in this institution than in most institutions you will visit. The chief residents attend faculty meetings, and one resident serves on the Graduate Medical Education Committee. The director holds a monthly conference with the residents' counsel to discuss issues and promotes an open-door policy. Resident input is valued, and opinions are respected.

Program Style

The Accreditation Council on Graduate Medical Education writes guidelines for all residency programs that prescribe types and duration of experience. Within those guidelines, we provide a flexible, middle-of-the-road program that can be tailored to meet individual needs.



As testimony to this flexibility, we have graduates in nearly every state in the nation who practice in large cities as well as small towns. A list of all our graduates, where they are from, and where they are currently practicing, is available in the Family Medicine Center.

The Residents

We have 12 family medicine residents per year, eight allopathic and four osteopathic residents with six transitional interns assisting first-year call to ensure a manageable call schedule. This gives Spartanburg Regional a unique advantage.

We have the faculty strengths of a university, both in size and diversity, with the stand-alone strength of a community program. Our training programs and the residents complement each other, a departure from what you may have seen at your university. Approximately half of our current residents come from our region, and the other half are from all over the United States. We believe that enrolling residents from

many areas of the country adds diversity and vigor to the social and educational atmosphere.

The Faculty

The family medicine faculty consists of nine full-time, experienced family doctors, one Pharm.D., one clinical psychologist and one substance abuse counselor. The rest of the full-time medical education faculty consists of one adult endocrinologist, two infectious disease specialists, one rheumatologist, one general internist/hospitalist, four general pediatricians, three perinatologists, three OB/GYNs and six general surgeons.

We have part-time faculty in all disciplines, including psychiatry. Approximately one-third of all the physicians in the community participate as volunteer faculty.

The family medicine practitioners, the psychologist and the substance abuse counselor on the faculty are based in our Center for Family Medicine and are available at all times. (See insert for a complete list of our faculty members.)

Sub-specialties

All sub-specialties are readily available when consultations are needed. Selected private practice physicians serve as clinical faculty. We carefully evaluate private attending physicians to ensure that only the best teachers are part of our program.

There are more than 500 physicians on the medical staff, with about 30 specialties and sub-specialties represented.



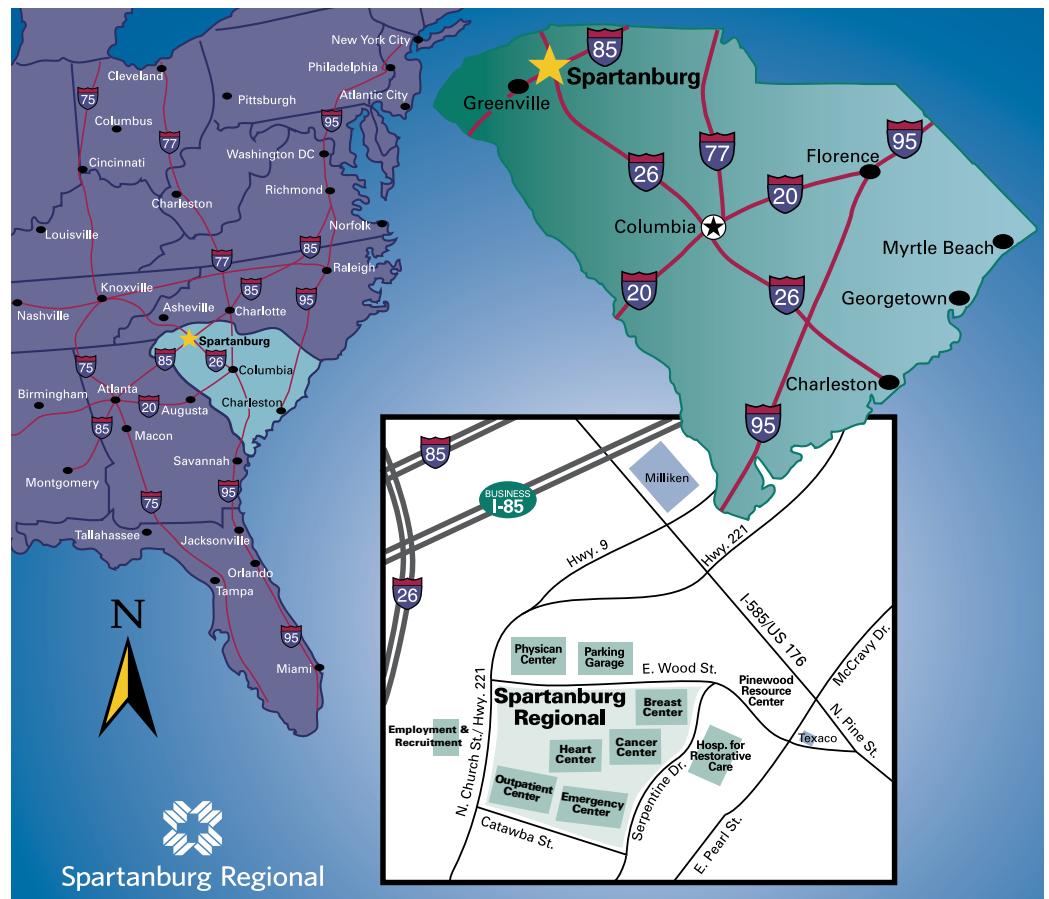
Directions

From Greenville on I-85 North, take exit 69 onto Business I-85 North. Take Exit 5-A (I-585/Pine St.) toward downtown Spartanburg. Go 1.5 miles, take Exit 25 (Hwy. 221/Church St.) and turn right. At the traffic light, merge left onto N. Church St. At the next traffic light, turn left onto E. Wood St. Spartanburg Regional will be on your right.

From Charlotte on I-85 South, take Exit 77 onto Business I-85 South. Take Exit 5-A (I-585/Pine St.) toward downtown. Take Exit 25 (Hwy. 221/Church St.) and turn right. At the traffic light, merge left onto N. Church St. At the next traffic light, turn left onto E. Wood St. Spartanburg Regional will be on your right.

From Columbia on I-26 West, take Exit 28 (Hwy. 221/Spartanburg/Moore) and bear right at the bottom of the exit ramp. Follow Hwy. 221 about 10 miles through downtown Spartanburg and merge right to stay on Hwy 221/Church St. After merging, turn right at the fourth traffic light onto E. Wood St. Spartanburg Regional will be on your right.

From Asheville on I-26 East, take Exit 19 onto Business I-85 North toward Spartanburg. Take Exit 5-A (I-585/Pine St.) toward downtown. Take Exit 25 (Hwy. 221/Church St.) and turn right. At the traffic light, merge left onto N. Church St. At the next traffic light, turn left onto E. Wood St. Spartanburg Regional will be on your right.





Spartanburg Family Medicine

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