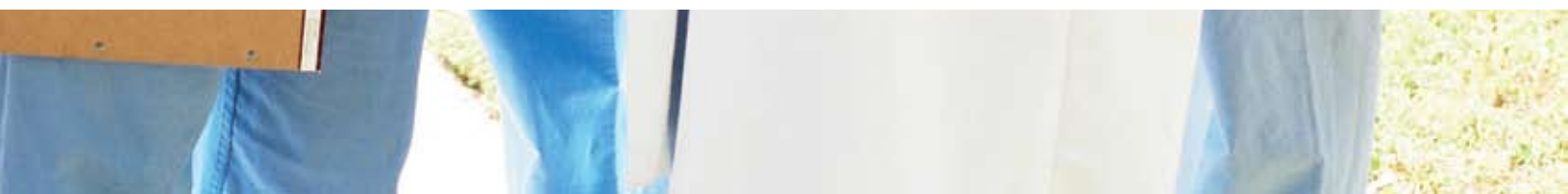




TRANSITIONAL YEAR RESIDENCY PROGRAM



Spartanburg Regional offers an outstanding Transitional Year Residency Program.

Key features include:

- Full-time faculty
- Flexible, yet comprehensive program
- Clinical skills rotations that allow the resident to be his/her patients' primary physician
- Supervision from upper-level residents and attending physicians

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Background

Spartanburg General Hospital was established in 1921 and evolved into Spartanburg Regional Medical Center, part of Spartanburg Regional Healthcare System. Graduate medical education began around 1950 with a rotating internship that became a flexible internship program. A fully accredited Transitional Year Program began in July 1983. The Surgery Residency Program was added in the late 1950s, with the Family Practice Program established in the 1970s.

Graduate medical education today at Spartanburg Regional consists of three residency-training programs and is an important part of the mission of this institution.



The Educational Experience

Selection of Residents

Resident selection is made through the National Residency Matching Program (NRMP) using the Electronic Residency Application Service (ERAS). An application, transcript, United States Medical Licensure Exam (USMLE) board scores, an interview, a dean's letter and three letters of reference are required. The interview is required and is mostly for the benefit of the applicant.

Candidates are evaluated primarily on their performance in medical school as reflected in grades and board scores. In recent years, radiology, ophthalmology, dermatology and anesthesia residencies have enjoyed tremendous popularity and competitiveness that is reflected upon our Transitional Year Program.

The Curriculum

The Transitional Year Residency Program at Spartanburg Regional is carefully designed within the requirements of the Accreditation Council for Graduate Medical Education (ACGME), our accrediting body. It is intended to be as flexible as possible in order to accommodate individual needs and interests. It also is intended to ensure that every graduate acquires those basic clinical skills expected of one who is addressed as "Doctor." Each transitional year resident must work four months in inpatient internal



medicine and one month in the Emergency Center. Four months are elective. For the other three months, the resident chooses among inpatient medicine, inpatient family medicine, surgery, pediatrics and OB/GYN. Because 140 hours of ambulatory care is required during the year, a month of pediatrics or OB/GYN must be chosen.

Inpatient Internal Medicine (four months)

- The resident is the primary physician for these patients, in both intensive care units and wards. A second-year family medicine resident and an attending physician who is a member of the full-time internal medicine faculty closely supervise the resident:
- Daily morning rounds with attending physician
- Weekly post-hospitalization follow-up clinic
- On call every fifth day and night
- Strict adherence to ACGME duty-hour rules

The Transitional Year Residency Program at Spartanburg Regional is intended to be as flexible as possible in order to accommodate individual needs and interests.

Emergency Medicine (one month)

- The resident works in the Emergency Center at least 140 hours during a one-month rotation. Patients are seen under the supervision of an emergency medicine physician.



Selectives (three months)

- Pediatrics has traditionally been a popular rotation for the transitional year residents. The pediatric faculty provides close supervision and enthusiastic teaching for family medicine and transitional year residents caring for pediatric inpatients, outpatients and newborns. Call (from home) occurs around every fifth night. A month of pediatrics fulfills the ACGME requirement for 140 primary care outpatient hours for transitional year residents.
- Rotations in general surgery and subspecialties are available with the surgical residency program and with community surgeons.
- An obstetrics and gynecology rotation is available to transitional year residents. The rotation is weighted toward obstetrics. Transitional year and family medicine residents provide inpatient and outpatient care to obstetrical patients, including their deliveries. Attending obstetricians are immediately available to supervise and teach. Typically, call is every fifth night. This rotation also provides 140 outpatient hours.
- Additional months of inpatient internal medicine or inpatient family medicine also may be used to meet the selective requirements.



Electives (four months)

- Anesthesiology
- Cardiology
- Dermatology
- Endocrinology
- Gastroenterology
- Hematology/Oncology
- Infectious Disease
- Neurology
- Outpatient Family Medicine
(provides 140 outpatient hours)
- Pathology
- Pulmonary Medicine
- Radiation Oncology
- Radiology
- Rheumatology
- Surgery Subspecialties

Conferences

Throughout the year (Monday through Thursday), a mid-day resident conference is held with lunch provided. Internal medicine, pediatrics and family medicine specialties each have one weekly conference. Other specialties such as dermatology, ophthalmology, emergency medicine and OB-GYN fill in when necessary.

Surgery holds its own conferences. For residents on the internal medicine service, a journal review conference is held weekly.

Affiliations

All residency-training programs at Spartanburg Regional are affiliated with the Medical University of South Carolina (MUSC). All faculty members have appointments at MUSC.



Support Services

Throughout the residency, full ancillary support teams assist in all areas.

Lab, IV, radiology and pharmacy services are available 24 hours a day with efficient, computer-reported lab and X-ray results. Pharmacy support is immediately available on the inpatient medicine service and the intensive care units. A nutrition support team is available for consultation on patients needing parenteral or enteral nutritional supplementation. Physical therapy, speech therapy and other rehabilitative services are also available.

An active Health Management Department helps patients-in-need to find community resources. Spartanburg Regional Home Health offers nursing care, including physical, occupational and speech therapy, personal care, social service and patient education to patients homebound due to an illness or accident.

The Information Services Center has integrated computer capabilities and is progressing toward complete electronic medical records.

Library/Audiovisual

The Spartanburg Regional Health Sciences Library is located on the first floor of the main hospital and is staffed by a full-time librarian and library assistant. The approximately 2,000-volume collection contains major reference works and current texts in each specialty, including subscriptions to several Audio-Digest titles in CD format. The print journal collection includes more than 200 titles in medicine, nursing, allied health and healthcare management.





Public computers provide access to Spartanburg Regional network clinical programs, word processing, e-mail, PubMed (National Library of Medicine), and several EBSCO Host databases. Two photocopiers and a fax machine are available. Literature unavailable here can be borrowed from a network of medical libraries in the United States including the Medical University of South Carolina or the University of South Carolina School of Medicine libraries as well as the National Library of Medicine.

Spartanburg Regional also has a wireless network which enables anyone to access the Internet via his/her own computer and wireless card anywhere in our facilities.

A sample resident contract is available online for your review.

Call Quarters

The house staff call rooms are conveniently located beside study areas, a TV lounge, weight room (Nautilus-type equipment and free weights) and a kitchen.





The Healthcare System

Spartanburg Regional is recognized as an innovative leader in providing healthcare services to Spartanburg and serves a five-county area in the western Carolinas (Spartanburg, Cherokee and Union counties in South Carolina, as well as Polk and Rutherford counties in North Carolina). Founded in 1921, Spartanburg Regional has earned a reputation for technological excellence throughout the Southeast, while continuously providing the highest quality of care to patients.





Spartanburg Regional is an integrated delivery healthcare system which includes Regional Physician Network; Regional Health-Plus; the SRHS Foundation; Hospital for Restorative Care; Spartanburg County Emergency Medical Services; a county-wide, non-emergency transportation system; Regional One, the Upstate's only hospital-based air ambulance service; and a new ultramodern hospital campus 15 miles away called the Village at Pelham.



Serving more than 100,000 patients each year, Spartanburg Regional is a 588-bed teaching and research hospital featuring a modern eight-story patient tower with 168 private rooms. Among its most recognized departments are the Bearden-Josey Center for Breast Health, the Heart Center; the Gibbs Cancer Center; the Level III Neonatal Intensive Care Unit; the Center for Women; and a 24-hour emergency Level 1 trauma center, equipped to treat any type of injury or massive trauma. Connected to Spartanburg Regional, the Regional Outpatient Center houses a wide range of state-of-the-art outpatient, diagnostic, laboratory and surgical procedures. The Center for Family Medicine, located in the Regional Outpatient Center, was created especially for residents and functions as a group practice. There is a laboratory in the center of the unit that handles most routine lab work.

The Regional Emergency Center is a state-of-the-art facility and the second busiest ER in the Carolinas.



The Community

Spartanburg is a community with something for everyone. In this city of about 80,000 — part of a metropolitan area of 150,000-plus — residents and visitors alike can find a lifestyle that is second to none in the surging Sunbelt.

Spartanburg is located in the rolling foothills of the Blue Ridge Mountains. Its convenient location at the junction of I-26 and I-85 makes the community easily accessible to both mountain and beach resorts.

The ski slopes of North Carolina, the beaches of Charleston, and the excitement of Atlanta are all within a two- to four-hour drive. Hilton Head Island and Myrtle Beach are four hours away. In between is the beauty of the Western Carolinas, with outdoor activities such as golfing, cycling, hunting, fishing, water skiing, hang gliding and white water

rafting. Lakes are all around. The mountains are, literally, in sight. The mild climate, with its four distinct seasons, provides fine weather for outdoor activities.

While in the past Spartanburg has been at the heart of the South's textile industry, it has become a focus of international business during the past three decades. Industries from Switzerland, Italy, France and Germany have made Spartanburg their home away from home, and Spartanburg boasts more diversified international investment than any city its size in the United States. This blend of cultures has resulted in a quality of life that is an ideal mix of the traditional and the unexpected. This has also caused an upsurge in growth in the Greenville-Spartanburg area that is rapidly increasing cultural and lifestyle opportunities.

Cultural Activities

Spartanburg offers a variety of cultural opportunities, including the Chapman Cultural

Center, Spartanburg Little Theatre, the Spartanburg Community Orchestra, concerts and lecture series, foreign films, dance, a strong visual arts community and a number of festivals throughout the year. Under the umbrella of the Arts Partnership of Greater Spartanburg, art organizations ranging from the Ballet Guild to the Artists' Guild receive strong community support. The Spartanburg Memorial Auditorium is the site for concerts and plays, as well as Converse College's Twichell Auditorium. Local college venues provide outlets as well. The Spartanburg County Library System has headquarters in downtown Spartanburg, as well as branches throughout the county.

In addition to local opportunities, the Bi-Lo Center in Greenville attracts nationally recognized performers and sporting events. The Brevard Music Center in the nearby mountains of North Carolina has an international reputation for symphony and opera performances. The Peace Center for Performing Arts in Greenville is only 30 minutes away. The Flat Rock Playhouse in nearby Flat Rock, N.C., offers repertory theatre performances every summer.

Housing

Most of our Transitional year residents rent. There are several desirable neighborhoods within 15 minutes of the medical center, as well as apartment complexes, town homes and condominiums. In general, housing is very affordable. Check with our residents for specifics.

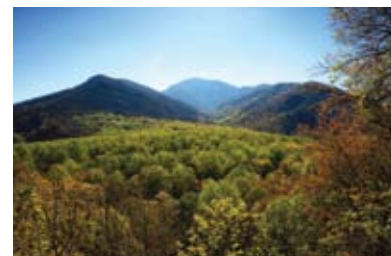
Schools

Spartanburg offers public, private and church-affiliated schools from kindergarten through college. Spartanburg is a six-college town. Wofford College and Converse College are nationally known private liberal arts schools.

The University of South Carolina - Upstate offers four-year and advanced degrees. Spartanburg Methodist College, Spartanburg Technical College and Sherman College of Sraight Chiropractic offer one- and two-year degrees for allied health careers and industry.

For primary and secondary education, our seven school districts are known to be among the top school districts in the state. Special education is available at the South Carolina School for the Deaf and the Blind, as well as the Charles Lea Center for Rehabilitation and Special Education for children who are developmentally impaired.

Spartanburg is a community with activities for everyone. Cultural opportunities abound including concerts, theater, ballet and a number of festivals throughout the year. For outdoor enthusiasts, there's golf, cycling, hiking, fishing, hunting, water skiing and white water rafting. The ski slopes of North Carolina and the beaches of Charleston are only a few hours away.



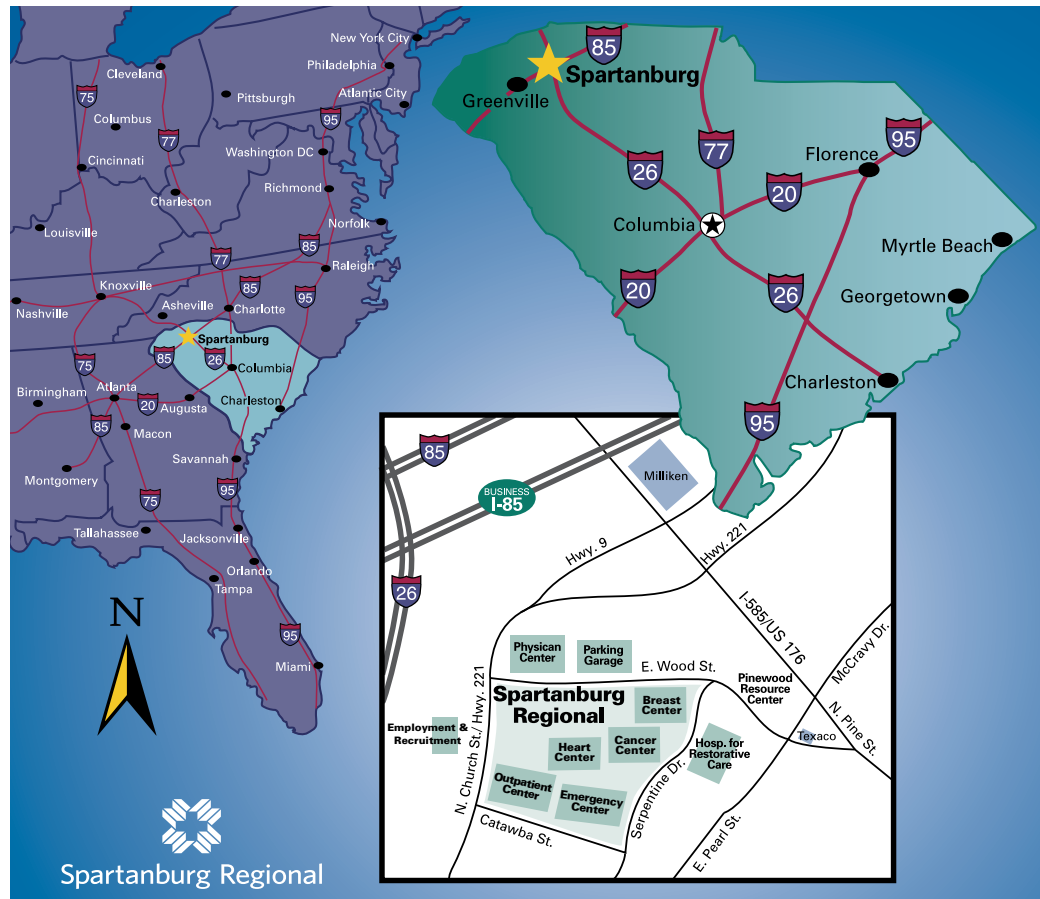
Directions

From Greenville on I-85 North, take exit 69 onto Business I-85 North. Take Exit 5-A (I-585/Pine St.) toward downtown Spartanburg. Go 1.5 miles, take Exit 25 (Hwy. 221/Church St.) and turn right. At the traffic light, merge left onto N. Church St. At the next traffic light, turn left onto E. Wood St. Spartanburg Regional will be on your right.

From Charlotte on I-85 South, take Exit 77 onto Business I-85 South. Take Exit 5-A (I-585/Pine St.) toward downtown. Take Exit 25 (Hwy. 221/Church St.) and turn right. At the traffic light, merge left onto N. Church St. At the next traffic light, turn left onto E. Wood St. Spartanburg Regional will be on your right.

From Columbia on I-26 West, take Exit 28 (Hwy. 221/Spartanburg/Moore) and bear right at the bottom of the exit ramp. Follow Hwy. 221 about 10 miles through downtown Spartanburg and merge right to stay on Hwy 221/Church St. After merging, turn right at the fourth traffic light onto E. Wood St. Spartanburg Regional will be on your right.

From Asheville on I-26 East, take Exit 19 onto Business I-85 North toward Spartanburg. Take Exit 5-A (I-585/Pine St.) toward downtown. Take Exit 25 (Hwy. 221/Church St.) and turn right. At the traffic light, merge left onto N. Church St. At the next traffic light, turn left onto E. Wood St. Spartanburg Regional will be on your right.



Transitional Year Residency Program

2010 HOUSE STAFF BENEFITS

- **First year salary of \$48,672**
- **Health insurance**
Three plans available; one at minimal cost to resident; family coverage available
- **Dental insurance**
Two plans available; one at minimal cost to resident; family coverage available
- **Life insurance**
No cost for insurance equivalent to annual salary
- **Disability insurance**
- **Malpractice insurance**
Hospital pays premium for educational activities
- **Paid time off**
15 days vacation, five holidays and a float day
- **Sick leave**
Five days per year
- **Maternity leave**
Approved as necessary (must have available sick leave and vacation time) FMLA/STD available
- **Paternity leave**
Up to five days; must use vacation/sick time
- **Death in family/emergency absence**
As approved by director; vacation time or sick leave to be used
- **Administrative leave**
Up to five days per year as approved by director
- **Free health club membership at Spartanburg Athletic Club**
- **Golf privileges at local country club (discounted)**
- **On-site child care**
One of only a few on-site, child-care facilities in South Carolina, Spartanburg Regional's Child Development Center (CDC) has been recognized nationally for excellence. It offers a full range of developmental programs for children ages three months to 12 years. A current fee schedule may be obtained by contacting the CDC at 864-560-6160.
- **Meals are provided daily**
- **Two free lab coats**
- **Free parking in physicians' lot or deck**
- **\$2,000 transition/relocation allowance**
Spartanburg Regional off-campus housing not provided
- **\$800 book/PDA allowance**
- **South Carolina license fee (\$160) paid by hospital**
- **South Carolina controlled substance license fee (\$125) paid by hospital**
- **Federal DEA number license fee (\$551) paid by hospital**
- **USMLE III, first attempt paid (\$690)**

Spartanburg Regional offers a comprehensive benefits package to support the Transitional Year resident.



Spartanburg Regional

101 East Wood Street | 864.560.6929 | Fax 864.560.7343

Transitional Year Residency Program

COURSE SELECTIONS

Required

- **Four months**

Inpatient Internal Medicine

- **One month**

Emergency Medicine

Selectives

Choose three months from the following:

- Pediatrics
- OB/Gyn
- Internal Medicine
- Family Medicine - Inpatient
- General Inpatient Surgery
- Critical Care Surgery
- Vascular Surgery

* *There is a 140-hour ambulatory requirement by the ACGME. It can be fulfilled by a month of Pediatrics, OB/Gyn, or Outpatient Family Medicine.*

Electives

Choose four months from the following:

- Internal Medicine Subspecialties
- Surgery Subspecialties
- Outpatient Family Medicine
- Radiology
- Pathology
- Dermatology
- Radiation Oncology
- Anesthesiology
- Neurology

The Transitional Year Residency Program at Spartanburg Regional is intended to be as flexible as possible in order to accommodate individual needs and interests.



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