TRANSITIONAL YEAR
RESIDENCY PROGRAM

Spartanburg Regional Healthcare System
We hope this provides a helpful introduction to our residency program, our healthcare system and our community.

For more information contact us at 864-560-6929 or visit our website at SpartanburgRegional.com.
Spartanburg Regional Healthcare System offers an outstanding Transitional Year Residency Program.

Key features include:

• Full-time faculty
• Flexible, yet comprehensive program
• Clinical skills rotations that allow the resident to be his/her patients’ primary physician
• Supervision from upper-level residents and attending physicians
Background

Spartanburg General Hospital was established in 1921 and evolved into Spartanburg Medical Center, part of Spartanburg Regional Healthcare System. Graduate medical education began around 1950 with a rotating internship that became a flexible internship program. ACGME accredited Transitional Year Program began in July 1983. The Surgery Residency Program was added in the late 1950s, with the Family Practice Program established in the 1970s.

Graduate medical education today at Spartanburg Regional Healthcare System (SRHS) consists of three residency-training programs and is an important part of the mission of this institution.

The Educational Experience

Selection of Residents

Resident selection is made through the National Residency Matching Program (NRMP) using the Electronic Residency Application Service (ERAS). An application, transcript, United States Medical Licensure Exam (USMLE) board scores or Comlex scores, an interview, a dean’s letter and three letters of reference are required. The interview is required and is mostly for the benefit of the applicant.

Candidates are evaluated primarily on their performance in medical school as reflected in their grades and board scores. In recent years, radiology, ophthalmology, dermatology and anesthesia residencies have enjoyed tremendous popularity and competitiveness that is reflected upon our Transitional Year Program.

A sample resident contract is available online for your review.

The Curriculum

The Transitional Year Residency Program at SRHS is carefully designed within the requirements of the ACGME, our accrediting body. It is intended to be as flexible as possible in order to accommodate individual needs and interests. It also is intended to ensure that every graduate acquires those basic clinical skills expected of one who is addressed as “Doctor.” Each transitional year resident must work four months in inpatient internal medicine and one month in the Emergency
Center. Four months are elective. For the other three months, the resident chooses among inpatient medicine, inpatient family medicine, critical care surgery, emergency medicine, pediatrics and OB/GYN. Because 140 hours of ambulatory care is required during the year, a month of pediatrics or OB/GYN is required.

**Inpatient Internal Medicine (four months)**

The resident is the primary physician for these patients, in both the intensive care units and on the floor. A second-year family medicine resident and an attending physician who is a member of the full-time internal medicine faculty closely supervise the resident:

- Daily morning rounds with attending physician
- Post-hospitalization follow-up clinic
- Admit patients approximately 2 days of 5
- Strict adherence to ACGME duty-hour rules

The Transitional Year Residency Program at Spartanburg Regional Healthcare System is intended to be as flexible as possible in order to accommodate individual needs and interests.
Emergency Medicine (one month)
The resident works in the Emergency Center at least 140 hours during a one-month rotation. Patients are seen under the supervision of an emergency medicine physician.

Selectives (three months)
• Pediatrics has traditionally been a popular rotation for transitional year residents. The pediatric faculty provides close supervision and enthusiastic teaching for family medicine and transitional year residents caring for pediatric inpatients, outpatients and newborns. There are two pediatric rotations, inpatient and outpatient. A month of outpatient pediatrics fulfills the ACGME requirement for 140 primary care outpatient hours for transitional year residents.

• Critical care surgery involves a month caring for ICU surgery patients under the supervision of trauma surgeons.

• An obstetrics and gynecology rotation is available to transitional year residents. The rotation is weighted toward obstetrics. Transitional year and family medicine residents provide inpatient and outpatient care to obstetrical patients, including deliveries. Attending obstetricians are immediately available to supervise and teach. This rotation also provides 140 outpatient hours.

• Additional months of inpatient internal medicine, inpatient family medicine or emergency medicine also may be used to meet the selective requirements.
**Electives (four months)**
- Anesthesiology
- Cardiology
- Dermatology
- Endocrinology
- Gastroenterology
- Hematology/Oncology
- Infectious Disease
- Neurology
- Outpatient Family Medicine (provides 140 outpatient hours)
- Pathology
- Pulmonary Medicine
- Radiation Oncology
- Radiology
- Rheumatology
- Surgery Subspecialties

**Conferences**
A weekly internal medicine conference is held mid-day on Thursdays. Transitional residents are expected to attend.

Surgery holds its own conferences.

For residents on the internal medicine service, a journal review conference is held weekly.

**Affiliations**
All residency-training programs at SRHS are affiliated with the Medical University of South Carolina (MUSC) and Virginia College of Osteopathic Medicine (VCOM). All faculty members have appointments at MUSC and VCOM.
Home Health offers nursing care, including physical, occupational and speech therapy, personal care, social service and patient education to patients home-bound due to an illness or accident.

The Information Services Center has integrated computer capabilities and is progressing toward complete electronic medical records.

Library Services
The Spartanburg Regional Health Sciences Library is located on the ground floor of the Heart Center and is staffed by a full-time librarian and part-time library assistant. Medical staff and residents have 24/7 access to the library via badge swipe. The approximately 2,000-volume collection contains major reference works and current texts in each specialty, including subscriptions to two Audio-Digest titles in CD format. The library still has a few print journal subscriptions. However, thousands of electronic journals are available through

Support Services
Throughout the residency, full ancillary support teams assist in all areas.

Lab, IV, radiology and pharmacy services are available 24 hours a day with efficient, computer-reported lab and X-ray results. Pharmacy support is immediately available on the inpatient medicine service and the intensive care units. A nutrition support team is available for consultation on patients needing parenteral or enteral nutritional supplementation. Physical therapy, speech therapy and other rehabilitative services are also available.

An active health management department helps patients-in-need to find community resources. Spartanburg Regional
electronic journal subscriptions and online databases including EBSCOHost and PubMed. Electronic books are also available.

Public computers provide access to SRHS network clinical programs, email, Internet, PubMed (National Library of Medicine), online journal databases and electronic books. All of these resources are also available for your mobile device. One multifunction scanner, photocopier, printer and fax is available. Literature unavailable here can be obtained or borrowed from a network of medical libraries in the United States, including the Medical University of South Carolina or the University of South Carolina School of Medicine libraries as well as the National Library of Medicine.

SRHS also has a wireless network which enables anyone to access the Internet via his/her own computer or wireless device anywhere in our facilities.

Call Quarters
The house staff call rooms are conveniently located beside study areas, a TV lounge, weight room (Nautilus-type equipment and free weights) and kitchen.
The Healthcare System

SRHS is recognized as an innovative leader in providing healthcare services to Spartanburg and serves a five-county area in the western Carolinas (Spartanburg, Cherokee and Union counties in South Carolina, as well as Polk and Rutherford counties in North Carolina). Founded in 1921, SRHS has earned a reputation for technological excellence throughout the Southeast, while continuously providing the highest quality of care to patients.
The Regional Emergency Center is a state-of-the-art facility and the second busiest ER in the Carolinas.

SRHS is an integrated delivery health-care system which includes Medical Group of the Carolinas; Regional Health-Plus; the Spartanburg Hospital for Restorative Care; Spartanburg County Emergency Medical Services; a county-wide, non-emergency transportation system; Regional One, a hospital-based air ambulance service; and Pelham Medical Center.

Serving more than 100,000 patients each year, SRHS is a 540-bed teaching and research hospital featuring a modern eight-story patient tower with 168 private rooms. Among its most recognized departments are the Bearden-Josey Center for Breast Health, the Heart Center, the Gibbs Cancer Center & Research Institute, the Level III Neonatal Intensive Care Unit, the Center for Women, and a 24-hour emergency Level 1 Trauma Center, equipped to treat any type of injury or massive trauma.

Connected to Spartanburg Medical Center, the Regional Outpatient Center houses a wide range of state-of-the-art outpatient, diagnostic, laboratory and surgical procedures. The Center for Family Medicine, located in the Regional Outpatient Center, was created especially for residents and functions as a group practice. There is a laboratory in the center of the unit that handles most routine lab work.
The Community

Spartanburg is a community with something for everyone. In this city of about 80,000—part of a metropolitan area of 150,000-plus—residents and visitors alike can find a lifestyle that is second to none in the surging Sunbelt.

Spartanburg is located in the rolling foothills of the Blue Ridge Mountains. Its convenient location at the junction of I-26 and I-85 makes the community easily accessible to both mountain and beach resorts.

The ski slopes of North Carolina, the beaches of Charleston and the excitement of Atlanta are all within a two- to four-hour drive. Hilton Head Island and Myrtle Beach are four hours away. In between is the beauty of the Western Carolinas, with outdoor activities such as golfing, cycling, hunting, fishing, water skiing, hang gliding and white water rafting. Lakes are all around. The mountains are, literally, in sight. The mild climate, with its four distinct seasons, provides fine weather for outdoor activities.

While in the past Spartanburg was at the heart of the South’s textile industry, it has become a focus of international business over the course of the last three decades. Industries from Switzerland, Italy, France and Germany have made Spartanburg their home away from home. Spartanburg boasts more diversified international investment than any city its size in the United States. This blend of cultures has resulted in a quality of life that is an ideal mix of the traditional and the unexpected. This has also caused an upsurge in growth in the Greenville-Spartanburg area that is rapidly increasing cultural and lifestyle opportunities.

Cultural Activities

Spartanburg offers a variety of cultural opportunities, including the Chapman
Cultural Center, Spartanburg Little Theatre, the Spartanburg Community Orchestra, concerts and lecture series, foreign films, dance, a strong visual arts community and a number of festivals throughout the year. Under the umbrella of the Arts Partnership of Greater Spartanburg, art organizations ranging from the Ballet Guild to the Artists’ Guild receive strong community support. The Spartanburg Memorial Auditorium is the site for concerts and plays, as well as Converse College’s Twichell Auditorium. Local college venues provide outlets as well. The Spartanburg County Library System has headquarters in downtown Spartanburg, as well as branches throughout the county.

In addition to local opportunities, the Bon Secours Wellness Arena in Greenville attracts nationally recognized performers and sporting events. The Brevard Music Center in the nearby mountains of North Carolina has an international reputation for symphony and opera performances. The Peace Center for Performing Arts in Greenville is only 30 minutes away. The Flat Rock Playhouse in nearby Flat Rock, N.C., offers repertory theatre performances every summer.

**Schools**

Spartanburg offers public, private and church-affiliated schools from kindergarten through college. Spartanburg is a seven-college town.

Wofford College and Converse College are nationally known private liberal arts schools. The University of South Carolina–Upstate offers four-year and advanced degrees. Spartanburg Methodist College and Spartanburg Community College offer one- and two-year degrees. The Sherman College of Straight Chiropractic and the Via College of Osteopathic Medicine offer doctoral programs.

For primary and secondary education, our seven school districts are known to be among the top school districts in the state. Special education is available at the South Carolina School for the Deaf and the Blind, as well as the Charles Lea Center for Rehabilitation and Special Education for children who are developmentally impaired.

**Housing**

Most of our transitional year residents rent. There are several desirable neighborhoods within 15 minutes of the medical center, as well as apartment complexes, town homes and condominiums. In general, housing is very affordable. Check with our residents for specifics.

Spartanburg is a community with activities for everyone. Cultural opportunities abound including concerts, theater, ballet and a number of festivals throughout the year. For outdoor enthusiasts, there’s golf, cycling, hiking, fishing, hunting, water skiing and white water rafting. The ski slopes of North Carolina and the beaches of Charleston are only a few hours away.
Directions

From Greenville on I-85 North, take exit 69 onto Business I-85 North. Take Exit 5-A (I-585/Pine St.) toward downtown Spartanburg. Go 1.5 miles, take Exit 25 (Hwy. 221/Church St.) and turn right. At the traffic light, merge left onto North Church Street. At the next traffic light, turn left onto East Wood Street. Spartanburg Regional Healthcare System will be on your right.

From Charlotte on I-85 South, take Exit 77 onto Business I-85 South. Take Exit 5-A (I-585/Pine St.) toward downtown. Take Exit 25 (Hwy. 221/Church St.) and turn right. At the traffic light, merge left onto North Church Street. At the next traffic light, turn left onto East Wood Street. Spartanburg Regional Healthcare System will be on your right.

From Columbia on I-26 West, take Exit 28 (Hwy. 221/Spartanburg/Moore) and bear right at the bottom of the exit ramp. Follow Hwy. 221 about 10 miles through downtown Spartanburg and merge right to stay on Hwy 221/Church St. After merging, turn right at the fourth traffic light onto East Wood Street. Spartanburg Regional Healthcare System will be on your right.

From Asheville on I-26 East, take Exit 19 onto Business I-85 North toward Spartanburg. Take Exit 5-A (I-585/Pine St.) toward downtown. Take Exit 25 (Hwy. 221/Church St.) and turn right. At the traffic light, merge left onto North Church Street. At the next traffic light, turn left onto East Wood Street. Spartanburg Regional Healthcare System will be on your right.
Transitional Year Residency Program

COURSE SELECTIONS

REQUIRED
• Four months
  Inpatient Internal Medicine
• One month
  Emergency Medicine

SELECTIVES
Choose three months from the following:
• Pediatrics
  - Inpatient Pediatrics
  - Outpatient Pediatrics
• OB/GYN
• Internal Medicine
• Family Medicine-Inpatient
• Critical Care Surgery
• Emergency Medicine

* There is a 140-hour ambulatory requirement by the ACGME. It can be fulfilled by a month of Outpatient Pediatrics, OB/GYN, or Outpatient Family Medicine.

* You are required to complete a month of Outpatient Pediatrics before taking an Inpatient Pediatrics rotation.

ELECTIVES
Choose four months from the following:
(Rotations listed under Required & Selectives may also be taken as electives.)
• General Inpatient Surgery
• Internal Medicine Subspecialties
• Surgery Subspecialties
• Outpatient Family Medicine
• Radiology**
  (Radiology may not be taken by those scheduled to do a radiology residency.)
• Pathology
• Dermatology
• Radiation Oncology
• Anesthesiology
• Neurology
• Vascular Surgery

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Transitional Year Residency Program
2015 HOUSE STAFF BENEFITS

• First year salary of $53,315.38

• Health insurance
  Two plans available; family coverage available

• Dental insurance
  Two plans available; one at minimal cost to resident; family coverage available

• Life insurance
  No cost for insurance equivalent to annual salary

• Disability insurance

• Malpractice insurance
  Hospital pays premium for educational activities

• Paid time off
  15 days vacation, six holidays and a float day

• Sick leave
  Five days per year

• Maternity leave
  Approved as necessary (must have available sick leave and vacation time); FMLA/STD available

• Paternity leave
  Up to five days; must use vacation/sick time

• Death in family/emergency absence
  As approved by director; vacation time or sick leave to be used

• Administrative leave
  Up to five days per year as approved by director

• Free health club membership
  at Spartanburg Athletic Club

• Golf privileges at local country club (discounted)

• On-site child care
  One of only a few on-site, child-care facilities in South Carolina, Spartanburg Regional’s Child Development Center (CDC) has been recognized nationally for excellence. It offers a full range of developmental programs for children ages three months to 12 years. A current fee schedule may be obtained by contacting the CDC at 864-560-6160.

• Meals are provided daily

• Two free lab coats

• Free parking in physicians’ lot or deck

• $2,000 transition/relocation allowance
  Spartanburg Regional Healthcare System off-campus housing not provided

• $800 education/technology allowance
  Cell phone stipend

• South Carolina license fee ($150) paid by hospital

• South Carolina controlled substance license fee ($125) paid by hospital

• Federal DEA number license fee ($731) paid by hospital

• USMLE III, first attempt paid ($815)

Spartanburg Regional Healthcare System offers a comprehensive benefits package to support the Transitional Year resident.