

# Corporate Health Programs and Services

*As part of our commitment to the community, Spartanburg Regional Healthcare System provides health programs and services to area businesses at one of our campuses or onsite at your location.*

## Worksite Clinics

- Acute/episodic care
- Chronic disease management
- Occupational health
- Injury prevention
- Wellness

## Health Screenings

- Individual screenings and packages are available onsite at your organization.
- Biometric profile (height, weight, blood pressure, heart rate and body mass index, waist circumference)
- Chest X-ray
- Cholesterol
- Electrocardiogram (EKG)
- Glucose
- Hearing test
- Strength, flexibility and aerobic testing
- Titmus vision test

## Disease Risk Assessments

- Biometric testing
- Comprehensive lab work (CBC, CMP, lipid panel)
- Evaluation of an individual's lifestyle behaviors such as smoking history, physical activity, eating practices, and mental and social factors
- HRA coaching/review
- Aggregate summary provided to your organization to aid in identifying risk-reducing or health-related programs to improve health of your workforce

## Mobile Services

- DOT physicals
- Annual wellness exams
- Screening mammograms
- Skin cancer screenings
- Hearing conservation
- Firefighter physicals
- Law enforcement physicals
- Surveillance physicals
- Customized services

## Health Interventions

- Customized health/wellness presentations
- Diabetes management with certified diabetes educator
- Group or individual exercise and/or nutrition counseling
- Health coaching
- Nurse telephone triage to answer non-emergency, health-related questions and concerns

## Drug Screenings

- Urine drug testing (DOT and non DOT)
- Instant drug testing
- Breath alcohol testing
- Hair drug testing
- E-screening (results sent directly to you via secure e-line)
- Random drug screen program

## Occupational Health Services

- Injury evaluation and treatment
- Respirator fit testing
- Independent medical evaluations
- Impairment ratings
- Blood-borne pathogens/infection control education

## Occupational Health Services (cont.)

- Physicals
  - FAA
  - Pre-placement
  - Fit-for-duty
  - Surveillance
  - DOT
  - Police/Fire
  - Respiratory
- CPR/AED training
- Hearing conservation
- Pulmonary function testing
- Vision screening

## Injury Prevention and Safety Consulting Services

- OSHA injury reduction and safety programs
- Customized worksite presentations
- Work conditioning/work hardening
- Early intervention programs
- Return-to-work evaluations
- Functional job analysis
- Functional capacity evaluations
- On-site clinic
- Post-offer/pre-work screening
- Ergonomic services for manufacturing and office

## Supplemental Services

- Cancer preventive services
- Flu shots
- Health fairs held onsite at your organization
- Healthy Travelers Clinic
- Smoking cessation programs

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## For more information, contact:

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