



Employee Wellness Program Preventive Visit Requirement

ONE of the following must be completed between Oct. 1 and Sept. 30 (Fiscal year)

It is up to your Provider to determine how often these visits should be completed.

- **Free Virtual Depression/Anxiety screening with Palmetto EAP** – Contact Kaitlyn Blanco-Silva at 866-216-1996 option 2 to schedule an appointment.
- **Dental Screen:** teeth cleaning or oral exam
- **Vision Screen:** must be completed by an Optometrist or Ophthalmologist
 - **Adult Wellness Visit:** annual physical with a primary care provider (MD, DO, NP, PA), 1 per year, any age **** (Employee Health visit does not count)**. Your health care provider must code the claim as “Preventative” or “Wellness” (Z codes).
- **Pap Smear:** women, 1 per year
- **Colonoscopy:** 1 every five years for ages 50+
- **PSA (Prostate cancer screening), Men,** age 40 if at high risk, otherwise, at age 50
- **Mammogram, Women,** 1 per year for ages 40+
 - Call Regional Scheduling at 864-560-7777 to make an appointment at one of Bearden Josey Center’s for Breast Health convenient locations: SMC, North Grove, Westside, Heywood (Women’s Clinic), Union, Pelham, SMC-MB, CMC, or Mobile Mammography.

SRHS/Apella Health Plan (Healthscope):

Healthscope will track your preventive visits if you use Delta Dental, Eye Med, or Healthscope at one of the above visits. If you self-pay or use another insurance, you must send documentation of that visit to Misty Sloan at msloan@srhs.com or fax to 864-560-5372.

NOT on SRHS/Apella Health Plan:

Send visit documentation to Misty Sloan at msloan@srhs.com or fax to 864-560-5372. *Documentation includes Receipt with the type of visit, EOB, or My Chart printout.*

Associates hired between May 1 and Sept. 30:

Are not required to turn in a preventive visit by the Sept. 30 deadline.

Call Misty Sloan at 864-560-1485 in Employee Health with any questions.